



Therapeutic Use Exemption (TUE) Checklist

Neuropathic Pain



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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your diagnosis and prescription and include:

<input type="checkbox"/> A duly completed TUE application form;
<input type="checkbox"/> A letter from your physician confirming you were seen within the current year (See Annex 1 for sample);
<input type="checkbox"/> Medical report should include details of:
<input type="checkbox"/> Medical history: exact injury to the central or peripheral nervous system and resulting pain (e.g., central, phantom limb, regional pain syndrome), character of pain, additional pharmacologic and non-pharmacological treatment approaches
<input type="checkbox"/> Findings on neurological examination
<input type="checkbox"/> Summary of diagnostic test results relevant to the clinical description of the pain
<input type="checkbox"/> Interpretation of symptoms, signs and test results by physician (where available, ideally neurologist, physical medicine or pain specialist)
<input type="checkbox"/> Diagnosis
<input type="checkbox"/> Narcotic or cannabinoid prescribed including dosage, frequency and route of administration
<input type="checkbox"/> Response to treatment
<input type="checkbox"/> Explain why alternatives (e.g., antidepressants, anticonvulsants, tramadol, capsaicin, lidocaine) were or could not be used
<input type="checkbox"/> Diagnostic test results should include copies of:
<input type="checkbox"/> Imaging findings: CT or MRI results if applicable
<input type="checkbox"/> Other test results: electromyography, nerve conduction studies if applicable.

For more information about WADA's ISTUE criteria and additional information about the documentation to be submit, please visit WADA's [Medical Information to Support the Decisions of TUECs – Neuropathic Pain](#).