



## Therapeutic Use Exemption (TUE) Checklist

### Inflammatory Bowel Disease

CANADIAN CENTRE  
FOR ETHICS IN SPORT

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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your diagnosis and prescription and include:

<input type="checkbox"/> A duly completed TUE application form;
<input type="checkbox"/> A letter from your physician confirming you were seen within the current year (See Annex 1 for sample);
<input type="checkbox"/> Medical report should include details of:
<input type="checkbox"/> Medical history, family history, relevant signs and symptoms, age of initial presentation, subsequent course of disease
<input type="checkbox"/> Findings of physical examination and specific investigations (serology, radiology, endoscopy, hi-tech imaging, histology)
<input type="checkbox"/> Interpretation of results by a specialist physician (gastroenterologist) and application of appropriate diagnostic index (SCCAI, CDAI, HBI)
<input type="checkbox"/> Use of systemic glucocorticoids (dosage, frequency, route of administration)
<input type="checkbox"/> Response to treatment (control and frequency of flare-ups/remission)
<input type="checkbox"/> Use of permitted immunomodulators and biologicals
<input type="checkbox"/> Diagnostic test results should include copies of:
<input type="checkbox"/> Relevant laboratory tests (e.g. serology stool/hemoccult test)
<input type="checkbox"/> Image findings (X-Ray, barium enema, gastro-, entero-, colonoscopy, CT, MRI)
<input type="checkbox"/> Histology test results from biopsies

For more information about WADA's ISTUE criteria and additional information about the documentation to be submit, please visit WADA's [Medical Information to Support the Decisions of TUECs – Inflammatory Bowel Disease](#).