



Therapeutic Use Exemption (TUE) Checklist

Attention Deficit Hyperactivity Disorder (ADHD)

CANADIAN CENTRE
FOR ETHICS IN SPORT

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This Checklist is to guide the athlete and their physician on the requirements for a TUE application that will allow the TUE Committee to assess whether the relevant ISTUE Criteria are met.

Please note that the completed TUE application form alone is not sufficient; supporting documents **must** be provided. A completed application and checklist DO NOT guarantee the granting of a TUE. Conversely, in some situations a legitimate application may not include every element on the checklist.

The documents included in your medical file must confirm your diagnosis and prescription and include:

<input type="checkbox"/> A duly completed TUE application form;
<input type="checkbox"/> A letter from your physician confirming you were seen within the current year (See Annex 1 for sample);
<input type="checkbox"/> Medical report should include details of:
<input type="checkbox"/> Medical history: age at onset of ADHD symptoms, age at initial diagnosis, symptoms across more than one setting, trial of non-prohibited interventions (if used)
<input type="checkbox"/> Diagnostic tests or rating scales used (e.g., Conners, DIVA)
<input type="checkbox"/> Interpretation of symptoms, signs and test results by physician (pediatrician, psychiatrist, or other physician specializing in ADHD)
<input type="checkbox"/> Diagnosis referring to ICD 10 or DSM 5
<input type="checkbox"/> Stimulant prescribed including dosage, frequency, route of administration
<input type="checkbox"/> Diagnostic test results should include copies of:
<input type="checkbox"/> These could include but are not limited to: a) Adults: ACDS, CAADID, CAARS, Barkley, DIVA 2.0 b) Children: Vanderbilt, K-SADs, DISC, Conners, SNAP
<i>Please note that Self-Reporting Scales alone will not be sufficient – other diagnostic tests must be provided.</i>
<input type="checkbox"/> Additional information included
<input type="checkbox"/> Supplementary reports which support the diagnosis: e.g., reports from psychologists, school teachers, parent/guardian (not mandatory)

For more information about WADA's ISTUE criteria and additional information about the documentation to be submit, please visit WADA's [Medical Information to Support the Decisions of TUECs – Attention Deficit Hyperactivity Disorder \(ADHD\)](#).